

Permission Goals

Permission goals are just what they sound like: Things you really want and could easily have with the resources you have now, but that you just haven't given yourself permission for.

What's the goal? _____

Why don't you have it? _____

What's the goal? _____

Why don't you have it? _____

What's the goal? _____

Why don't you have it? _____

Achieve Your Goals

What's the goal? _____

Why don't you have it? _____

What's the goal? _____

Why don't you have it? _____

What's the goal? _____

Why don't you have it? _____

Is there a pattern? If so, describe it: _____

You Deserve It!